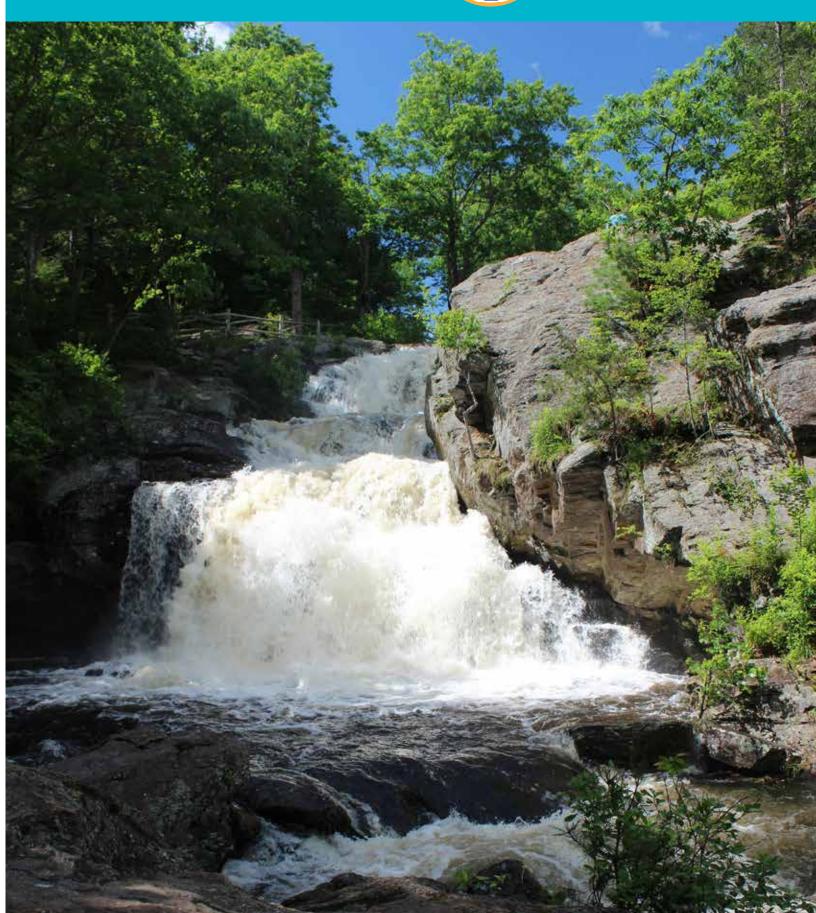
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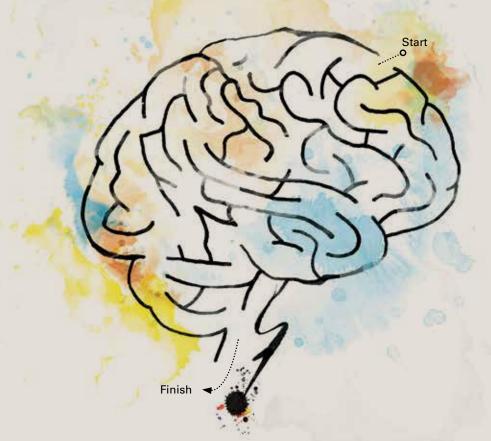
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Volume 6 • Quarter 3 • 2013



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First Selectman's Corner

Our community continues to meet the challenges; especially as it relates to holding our expenses relatively flat over the past several years; for example the 2013-2014 budget approved at referendum is \$28,359,313 compared to the 2008-2009 budget which was \$28,139,913. We have met the challenges of declining revenues and increased costs for health insurance, fuel and contracted employee wages by reinventing how we do business. We could not do this without the dedication and willingness of our employees to assist one another, to provide coverage for other departments to serve our citizens; especially our clerical employees. Our volunteer boards and commissions, fire, ambulance, and emergency management members enable us to have the needed services to run a town without the expense of full-time contracted employment. I am truly appreciative of all their hard work and dedication on behalf of our community.

The next big challenge on the horizon is to act upon the recently completed ten year capital study. The purpose of this study was to place full light on the infrastructure requirements facing the town for the next decade and to provide our citizens with comprehensive information. We have three key areas that will require citizen review and action - conversion of the old middle school to a municipal complex, renovations



Senator Art Linares, Representative Phil Miller Middlesex Chamber of Commerce, Larry McHugh First Selectman Haddam, Paul DeStefano First Selectman East Haddam, Mark Walter

to the elementary school and space needs/improvements of two of our firehouses.

As your First Selectman, I encourage your participation in this process. This is your call to action to become engaged in the process to be an informed citizen and voter for the future of our community. The town's website (www.easthaddam.org) will continually be updated with information on upcoming

continued on page 2





First Selectman's Corner ... continued from page 1

meetings of the advisory groups overseeing these projects as well as future public hearings and town meetings. The Board of Finance will be working closely with the town's financial advisor and bond counsel to review financing options, taking into consideration record low interest rates and utilization of our savings to accomplish these projects.

A great gratitude is extended to Deb Mathiasen, Linda Zemienieski and the Swing Bridge Centennial Committee for their efforts in creating one of our best events to date. The Swing Bridge Centennial was a true small town classic event made more magical by our beautiful town and scenery. The generosity of our local businesses and organizations, especially Essex Steam Train and the Goodspeed Opera House was a true example for why we love living here.

The town needs to also thank Corporal Karl Karbeinikoff for his dedicated service to protecting our town. The picture of us was taken while Karl was receiving recognition from Mothers Against Drunk Driving for Karl's success at keeping our roads safe.

Our Library System Director Michael Gilroy has an article in this issue explaining the newly approved (by town

meeting) East Haddam Free Public Library System. Please stop in and support our two public libraries and their wonderful resources. The concept for this merger really started back in the 80's when our present Selectman John Blaschik was First Selectman. Good ideas sometimes need time to complete.

The future leaders of our town participated again in Sixth Grade Government Day. This year a record number of our kids eagerly competed to take over for our employees and learn our jobs for a day. We are sure that the future is solid with the quality of East Haddam's students!

The final picture shows our girl and boy scouts who participate in the Memorial Day parade ceremonies. Master Sergeant John Anderson spoke of the importance of this sacred day. Thank you for your service John.

East Haddam is a wonderful community. We continue to meet the challenges that solidify us as a community and make us better and stronger.

Mark B. Walter First Selectman



Mom's journey in life deserves a "Safe Harbor."

For those suffering from Alzheimer's and other memoryrelated disorders, life should still be as fulfilling and active as
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Harbor, a new specialized memory care neighborhood, located
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www.thesaybrookathaddam.com





Cars - Swing Bridge Centennial Antique Cars



Mark Walter & Karl Karabeinikoff MADD Award



Memorial Day Parade - Master Sergeant John Anderson, Mark Walter, Sarah Tozier, Lizzie Kuderko, Teddy Kuderko & Teagan D'Addeo

Swing Bridge Centennial



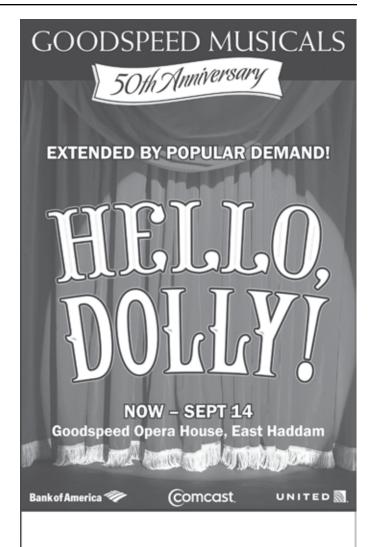
Hundreds attended the Commemoration Ceremony where local and state officials, including Department of Transportation Manager of Bridge Operations, Richard Van Allen, praised the hard work of many who keep the century-old bridge in working condition. The residents of Haddam and East Haddam were also honored with several proclamations to celebrate the milestone. After the ceremony, attendees enjoyed free activities on both sides of the river, including exhibits by the Haddam and East Haddam Historical Societies, tours of the Goodspeed Opera House, Nathan Hale Schoolhouse, and St. Stephen's Episcopal Church, a Family Lawn Party celebrating 50 years of Goodspeed Musicals, an East Haddam Art League Art Show, the East Haddam Business Association Children's Carnival, bridge viewing onboard the Becky Thatcher Riverboat, an antique car show, and ride on the Essex Steam Train. Happy Birthday Swing Bridge!



The Moodus Drum and Fife Corps led the Historic Bridge Crossing of over fifty antique and collector cars celebrating the "Swing Bridge Centennial" on a beautiful Saturday morning, June 15th.



Stephen Shaw representing Nathan Hale Schoolhouse



chaos... one letter at a time



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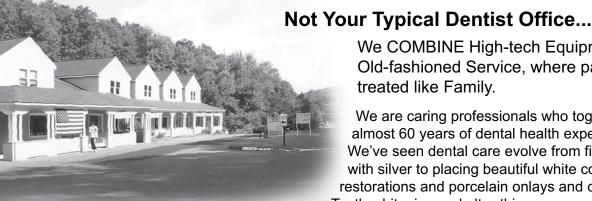
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Helping Seniors Transition To a New Chapter

As senior citizens age, their health and lifestyle needs change, sometimes necessitating a change in their retirement living plans. They may grow tired of caring for a large home, or they may face unexpected health concerns that require more daily assistance, or they simply may want a more care-free living environment. Whatever the catalyst, real life changes may need to take place.

While some senior citizens may welcome the move into a smaller home or into an independent or assisted living community, others may be less enthusiastic. They may be hesitant to leave the home where they raised their families, enjoyed their neighbors, or tended to their gardens. They may worry about losing their independence, or about not fitting into their new community.

It is helpful to everyone involved in this transition when there is as much support as possible during this time. This can come from a network of family, friends and caregivers, or from the "welcome teams" found at most retirement and assisted living communities who help residents manage change.

The welcome team at The Saybrook at Haddam retirement and assisted living community in Haddam includes a recently hired, full-time social worker. She offers support and care for residents and their families during the move-in transition, and is able to respond immediately and personally to any other concerns. She also works to educate families and staff so they

can provide the best care (and lifestyle) in their new home.

During this transitional time, experts suggest helping loved ones by focusing on the positive sides of the move. If they are going to a smaller apartment or home, remind them of how much easier caring for their home will be. If they are moving to a senior community, they no longer need to worry about shoveling snow, cutting the lawn, painting the house, or cleaning the gutters. Depending on the community, they may not even have to shop for food or cook meals each day - and they will be able to enjoy a sense of security and peace knowing someone is always nearby if there ever is an emergency.

Celebrate the things that do go well during this time and reinforce that the right living decision was made. Have a card or small "care package" arrive the day your loved one makes the move. If you can, join them for a welcome visit to share lunch or dinner right away (remember to set up a date for the next visit before you leave). Also, if they do move into an assisted living residence, try to attend one or two social events held at the community together.

You are helping them start an adventure, another chapter with new friends, group activities, daily walks and exercise, lectures and classes, and more (perhaps even a new garden).

Kathy Ryan Executive Director of The Saybrook at Haddam

Tax Collector

After the budget passed at referendum on June 27, 2013, the Mill Rate for the 2012 Grand List was set at 26.01 (an increase of 4.49). Tax bills for the 2012 Grand List will be mailed by July 19, 2013. Payment is due on August 1, 2013 and must be paid on or before September 3, 2013 to avoid interest. If you recently purchased property and did not receive a tax bill, please contact the Tax Office immediately.

Tax payments may be made in person, by mail or on-line. There is a secure lock box in the front alcove, which is available 24 hours. Payments may be dropped there after hours. If you choose to pay your taxes on-line, you may do so by going to easthaddam.org and clicking the "PAY TAXES" button. This

will bring you to Point & Pay, a firm that enables East Haddam to accept electronic payments at no cost to the town. There is a transaction fee of 2.95% on all credit/debit payments and a \$2.95 for e-checks.

To inquire taxes owed, go to easthaddam.org. Under town departments select Tax Collector. Click link for "Online Tax information".

This office is for the collection of taxes only. Any adjustments to your bill must be made by the Assessor (860-873-5026). The Tax Office may be reached at 860-873-5033 or taxcollector@easthaddam.org

Denise Dill. Tax Collector



Peter H. Charbonnier

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Events

MAGAZINES



East Haddam Events

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MILE - Middlesex Institute of Lifelong Education

MILE was established in 1993 to provide stimulating educational experiences for adults 50 and over. Sponsored by Middlesex Community College, it is an all-volunteer non-profit organization with programs on a wide range of topics. For \$60.00 members can attend 7 weeks of programs in the fall and 8 weeks in the spring. These may include field trips and MILE also offers an annual week-long trip. Our website is www. mileonline.org. E-mail: mileatchapman@gmail.com

- Joanne S. Roczniak, Mile Publicity Chairman

The Economic Development Corner

There is an important government program that town businesses should know about. The Procurement - Technical Assistance Program ("P-TAP") is a state-wide service program that provides marketing and technical assistance to Connecticut businesses interested in selling their product or services to federal, state and local government agencies. The Southeastern Connecticut Enterprise Region ("SeCTer") is the State's contractor managing this program. SeCTer is based in New London, but also operates P-TAP Offices in Hartford, New Haven and a few other towns in State. These services are offered to businesses at no cost and include; customized client bid matching, individual counseling, bid/proposal preparation, help with the federal contractor registration process and specialized marketing assessments. The PTAP main office is located at 190 Governor Winthrop Blvd., New London, CT 06320. The phone number is 888-673-2837 extension 207. Their email is http://ctptap.org/ where one can find an easy on-line application to complete and receive assistance. As always, please let me know if I can help.

> Peter Simmons Economic Development Coordinator, 860-262-0347

The next deadline for East Haddam Events is September 27

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Registrars of Voters

The Registrars had the pleasure of hosting 6th graders Caitlin Dominy and Madison Torrance for the Students in Government Day. Caitlin and Madison were excited to work with the registrars' software, helping to record and file some new voter applications. They also discovered that they could check whether their parents were registered, and how often they had voted ... but NOT HOW they had voted! We also visited the Old Town Hall, where signs and supplies are

kept, and showed how voting booths and tabulators are set up and arranged for referenda. We always enjoy working with our East Haddam students, and look forward to next year!

After the Students in Government Day, the Registrars administered two referenda on the budget. The first did not pass, but the second one, on June 27th passed 482 yes, to 367 no. The voting hours for the second referendum were 6 a.m. to 8 p.m.

Many citizens have been concerned regarding the hours for voting, and have had questions concerning absentee voting. Based on our participation figures: 3/10/11 open space, 822 voters, hours noon to 8 p.m.; same year, same hours, budget, 311 voters; in 2013, this year, the open space referendum, noon to 8 p.m. had 605 voters. While the first budget referendum this year, also noon to 8 p.m. had only 439 voters; the second, had 849 voters with hours from 6 a.m. to 8 p.m. The latter figure is only 27 more votes that the 3/10/11 open space, but 6 more hours of open polls. We believe that interest in, and publicity about, the issue, not the hour, is what brings out voters.

Regardless of the hours, however, voters should be aware that they can get an absentee ballot from the Town Clerk. It is a two-step process, where first an application is filled out



Left to right: Laurie Alt, Caitlin Dominy, Madison Torrance and Pat Thomas

and then the Town Clerk can provide an absentee ballot for the voter, who has stated that they cannot be at the polls for one of the following reasons: *active service in the Armed Forces of the U.S. *Absence from the town during all of the hours of voting * Illness * Voter's religious tenets forbid secular activity on the day of the vote, or *Physical disability. If voters cannot physically access the Town Clerk's office, they may call the Registrars at 860-873-5029, and ask for help.

For state or national elections, held at the High School, we consistently have turnout near 80%.

To stay informed regarding local issues in East Haddam, voters should check out the Events Magazine, the Patch, HTNP, and the Fish Wrapper! Also check Facebook (Mark Walters page) or the EastHaddam.org website. The Town of East Haddam, does send out information for voters before every referendum, which are held at the old Town Hall.

To help with voter turnout, we now have a volunteer group, headed by Trish Tarnowski, (many thanks to them), who have agreed to put out signs in key areas, to alert the populace of upcoming referenda and elections. They were very helpful for the last budget referendum! Of course, word of mouth is always helpful!

In closing, we commend all who are registered voters, and who make the effort to vote whenever there is an opportunity to exercise their right to do so! We hope all citizens will make the effort to stay informed (ie tack up, and put on your calendar the dates, in your newsletter/postcard from the town, telling you about voting opportunities!)

Business Updates

The East Haddam Economic Development Commission (EDC) is pleased to announce the following:

Two Wrasslin' Cats Coffee House & Cafe has opened at 374 Town Street, at the intersection of Route 82 and Route 151. Owner Mark Thiede and his staff offer hot or iced coffee and espresso drinks (lattes and "catpuccino") from local roasters, chai and brewed teas, and fruit smoothies. Hot breakfast sandwiches, muffins and other freshly made bakery items are available daily. Cold or panini-grilled sandwiches and wraps and several types of salads are offered for lunch. Also look for daily specials. The renovations brought in modern elements for an efficient kitchen and service area, but enhanced the character of the original house, built in 1784. Wrasslin' Cats offers comfortable indoor and outdoor seating, but also "grab and go" items from the refrigerated display just inside the door. They are open 7 days a week from 7:00 a.m. to 3:00 p.m. Monday through Saturday, and 8:00 a.m. to 4:00 p.m. on Sunday. Watch for evening hours on Thursday, Friday or Saturday for entertainment and special events. Rotating artist shows also begin in July. Call 860-891-8446 and find them on Facebook.

Cocoon Design is a strategy-based web design company. They design and develop websites that enhance marketing

and sales strategies for local businesses. This approach has proven very successful for their clients by generating a greater return on investment and shortening their sales cycle. Owner, Kera Collins, and her team specialize in website design and development, search engine optimization, branding and identity, marketing consulting, and website maintenance. Cocoon Design has been in business for over four years and has recently relocated to Moodus. The company offers a free consultation and website planning kit for anyone interested in making their website a more valuable marketing tool. Call 860-880-0086 or email info@cocoonwebdesign.com for further information. You can also visit their website at www. cocoonwebdesign.com.

Please visit the Business Directory on the homepage of the municipal website www.easthaddam.org for a complete listing of East Haddam businesses. Also, check the Community Calendar section for upcoming local business events.

Contact the EDC at mrcdm@snet.net or P.O. Box K, East Haddam, to have your business listed here. Businesses, send us your request to be added to our drawing for a FREE ad in the next East Haddam Events Magazine or listing on one of the Directory signboards.

Rotary Club



Lee Barsom, Charley Hnilicka, Roger Stube

The East Haddam Rotary Club held its Annual picnic and car raffle on Monday June 24 at the Gelston House in a bright atmosphere even while clouds could be seen over the swing bridge. The dining room and patio were filled with ticket holders full of anticipation.

Congratulations to Mary and

Lee Barsom who were the happy winners of a \$20,000 gift certificate to Gates Automotive Group. Lee advises that a Ford

Edge is in their future, enabling a car to be passed down to their daughter who is by default, now also a winner.

Charley Hnilicka continues to purchase Peg's "lucky number" and it was drawn on what would have been her 94th birthday. Charley is the recipient of a \$500 Visa gift card.

Brandy Bouvier of Moosup Connecticut was the third place winner. Brandy will receive a \$250.00 Visa gift card.

Thank you to all who support Rotary's annual raffle. It enables the Rotary to give so much back to our community.

Deb Denette, Secretary Rotary Club of East Haddam

Conservation Commission says, "Take a Hike"

Hopefully, you have recovered from the nasty Winter and wet Spring, and now it's time to get out and explore some of the fine hiking opportunities which East Haddam open space has to offer. Your most valuable tool for a trail adventure? - "The East Haddam Trail Guide" - a compendium of maps and directions for exploring miles of marked trails maintained by various organizations in your town. Published recently by your Conservation Commission, this guide can be found at the Rathbun and East Haddam Libraries and various businesses throughout East Haddam. It can be yours for a \$2 donation.

Looking for a new experience? There are several miles of newly marked trails on the Harris Property and Dean easement right on top of Mount Parnassus. The Harris property offers 3 miles of walking on three marked trails. The Dean easement and the Town's newly acquired Pages property will tempt you with several miles of good hiking adventures, including views

all the way to Long Island Sound and the Connecticut River. These trails are so new that they do not appear in the trail guide, but you can soon find these maps and others as the Conservation Commission works on opening up new and exciting areas to explore. A digital copy of the Trail Guide can be found on the Town's website (http://www.easthaddam. org) under the Conservation Commission heading. Check the Conservation Commission link frequently to see which new areas have had trails marked.

The Conservation Commission is looking for Commission Members, Property/Preserve Stewards and volunteers to work on the Town's many parcels of preserved open space. If you are interested in this type of activity, please contact Rob Smith, Chairman of the Conservation Commission, at 860-873-2189.

East Haddam's wild outdoors await you, with some of the finest hiking experiences anywhere. Enjoy!

Ray FFA Chapter

The Ray FFA Chapter at Nathan Hale-Ray High School is in its third year of a National FFA "Living to Serve" project. The chapter has been working with the East Haddam Conservation Commission and has assumed stewardship of the 120 acre parcel known as Nichols' Field. The main focus of this project was to create a hiking trail system for the community. This year the chapter maintained existing trails and created a new trail known as "the red trail." Signs have been installed at five different

trailheads. Several geocaches have been added to the area. The NHRHS Wildlife Management class monitored bluebird boxes, assessed water quality of the streams that cross over the trails and conducted a wildlife inventory of the area. The



Landscape Construction class created and placed wooden benches and picnic tables at scenic locations along the trail. Additionally a Facebook site has been created for Nichols' Trails and is beginning to receive likes and postings.

Future plans include creating educational signage at key locations along the three mile trail system that highlight the flora and fauna of the area. The last part of this project will be to market the trail system as an educational and recreational resource for the East

Haddam community. The Ray FFA Chapter will continue to act as stewards of Nichol's Trail System for many years to come! So please, take a hike at Nichols' Trails and let us know how it goes by posting on the Nichols' Trails Facebook site!

Garden Club News

October Program

Andy Brand of Broken Arrow Nurseries (Hamden, CT) will present "Brighten Up Those Winter Blues - A Look at Winter Interest Plants" at a meeting of the East Haddam Garden Club on Wednesday, October 16, at 7:30 p.m. at the East Haddam Senior Center, 15 Great Hillwood Road, Moodus. This meeting will be open to the public. A 7:00 p.m. members-only business meeting will precede the program. This event is free, and refreshments will be served.

Recent Garden Club Projects

The club sponsored the "Nature Is Art" contest at East Haddam Elementary School. Awards were presented at the school's annual Flag Day program June 14. Sue Weaver, art teacher, guided students in pre-K through grade 3 in creating entries based on nature themes. This has been an annual club project for many years.

The EHGC continued its annual sponsorship of Arbor Day (April 25) at the East Haddam Elementary School. The club donates a tree or shrub and members participate in the program, which is planned and presented by grade 3.

Members have planted and are maintaining colorful annuals at Goodspeed Green and Shagbark Triangle. These areas are maintained throughout the year, and decorated for the holiday season. In May, the beds of annuals at Gillette Castle were planted by EHGC members under the guidance of long-time member Anita Ballek, who designs the annual palette of striking color.

The EHGC participated in the Memorial Day Parade (the club's second appearance), riding in a decorated vintage truck owned by member Helen Whatley.



East Haddam Garden Club



East Haddam Garden Club display at Farmer's Market

For the first time, the club participated in the Farmers' Market at the Grange. Members donated flowers, produce and other items to raise funds for club projects.

Thank you to residents and visitors who supported the club's annual Plant & Bake Sale on May 11! Proceeds fund our town beautification and youth programs and other community outreach efforts.

The East Haddam Garden Club currently has 45 members. New members are always welcome. Club activities include hands-on civic planting projects, informative programs featuring knowledgeable speakers, visits to notable gardens, and more. Contact Betty Gross (860) 873-8732 for more information.

Check out "East Haddam Garden Club" on Facebook! Hope you like us!

East Haddam Garden Club members presented a thank-you gift to East Haddam Elementary School art teacher Sue Weaver after the annual Flag Day program on June 14. The garden club annually sponsors the "Nature Is Art" contest for students in pre-K through grade 3. Ms. Weaver develops a

different nature-related theme in each grade, and students complete their entries during art classes with her guidance. Garden club members judge the entries; first, second and third place winners in each grade are announced at the Flag Day program. Each winner receives a plant and certificate from the club. Pictured are garden club members Betty Gross, Nancy Borge, and Helen Whatley; Ms. Weaver is in the center. Club members Dora Lyman and Bette Lomme also participated. Photo by Bette Lomme.

Nathan Hale-Ray Hand Chime Choir

Founded over 6 years ago, the Hale-Ray Hand Chime Choir is a unique after school performing group. The members range in musical ability from accomplished, fluent readers to those who have never studied an instrument. The things they have in common, however, are huge: dedication to the group, the ability to work together as an ensemble to create beautiful music and the desire to just have fun!

Many Hand Chime Choir members have joined and stayed with the group during their entire middle school career. They enjoy the camaraderie and challenge of working on a piece of music where each member plays a relatively small but absolutely essential part in bringing the music to life. There is no effective way that members can practice on their own, so attendance - and flexibility in covering missing members' parts - is an important skill.

This year saw the group's most successful season ever. They traveled with the Show Choir and performed around the East Haddam community for the holidays. Their haunting performance of the challenging piece "Hedwig's Theme" was flawless!

Hand Chimes Choir looks forward to next year's season with great anticipation. Their director, Marisa Alfano, has plans to expand their performance venues and open up membership once again to exceptional 5th graders, "graduated" members and even members of the East Haddam community. Rehearsal times and a beginning list of performance dates will be available in September. Any questions, please contact Ms. Alfano at the Middle School.

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Master Gardener's Corner

A few weeks ago, I had the pleasure of attending the East Haddam Garden Club monthly meeting and listening to a vibrant presentation by Anita Ballek. East Haddamites know Anita for her long history of devotion to land preservation and value her expertise on all things pertaining to the garden world. Anita offered her knowledge of creating a 'Butterfly Garden'. She explained how song birds, insects, and native plants play such an important role in our environment. As we viewed Anita's slide presentation of fifty favorite flowering plants loved by butterflies, I was captivated thinking about the responsibility we have as humans to cherish nature and our native species. All these entities working together provide balance in nature leading to stability for life on earth. Bees, butterflies and other important insects serve as pollinators for many native flowering plants and shrubs. It is nature at its best working together to provide us with fruits and vegetables and so much beauty. "Plant native vegetation to attract butterflies; the butterfly has only a few days to live so be generous with your environment and give Butterflies a chance," states Anita.

Late summer, early autumn planting will give you a colorful 2014 spring garden so visit Anita at the Ballek Garden Center

on Maple St. in East Haddam. Anita will show you wonderful native shrubs and flowering annuals that will attract birds and butterflies from miles around. She will explain the difference between native and alien plants. She will offer ideas on setting up a yard garden. The birds and the bees, and flowers and the trees will love you for protecting their native world as you reap the benefits of a stunning eco-system in your own back yard. A wonder book to guide your way is "Bringing Nature Home," by Douglas W. Tallamy, Tiber Press. This book is a gold mine for gardeners, so treat yourself and get it.

When you visit Anita, listen carefully to what she shares with you. You see, Anita is special to East Haddam. Her family has been in the area since 1660. Born in 'the old farm house' as the locals know it, Anita is deeply rooted as a native of East Haddam. She has been offering her expertise for decades and as a true native to our wonderful town, she is the best qualified to teach you on all things native. Learning from Anita, is a Butterfly Garden opportunity.

Linda Stuhlman, Certified Master Gardener Certified Tree Warden

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The Rathbun Free Memorial Library

The Rathbun Free Memorial Library would like to invite everyone in town to stop in and celebrate the freedom to read. The library is open Monday-Wednesday 10:00 - 5:00, Thursday 10:00 - 8:00, Friday 10:00 - 5:00 and Saturday 10:00 - 1:00. There are thousands of books available, including the latest bestsellers and prizewinners. The library also has free book and audiobook rentals available for eReaders (nook, kindle, etc.); for details visit the library's blog. In addition to offering a wide selection of materials, the library is proud to offer the following programs:

Baby Book Time: Toddlers under 3 are welcome to join the interactive Baby Book Time Program every Wednesday at 10:30 - 11:30.

Story Time: Children ages 3+ are invited to the library for weekly story times every Monday & Thursday at 10:30 - 11:30.

The American Girl Club: Bring along your favorite American Girl Doll and enjoy snacks and crafts - the first Wednesday of every month from 3:30 - 4:30.

Science Club: This program invites young people to use their imagination and their brains to create cool science projects like

marshmallow catapults, soda bottle rocket ships, and more! - The second Wednesday of every month from 3:30 - 4:30.

Video Games: It's exactly what it sounds like. Enjoy Wii and Wii U games at the library. Grades 1-5, Dates TBA.

For some end-of-summer fun, the library has two exciting summer reading finales:

On August 7 at 11:00, Drummer Craig Harris will be at the library for a special drum concert (who said libraries have to be guiet all the time?).

On August 14 at 2:00, you can make your very own Gnome or Fairy House that Tinkerbell or Gnomeo would be proud to live in.

The library also hosts at least one adult program every month including guest speakers, art shows, and workshops (all of which have excellent refreshments!). For more information about the library please visit the library blog http://RathbunLibrary.Blogspot.com, call us at (860) 873-8210, or visit us at 36 Main St, East Haddam.

Senior Center Events

Make a Difference

The East Haddam Senior Center, in conjunction with The Rotary Club, The East Haddam Historical Society and the Relay For Life Team are planning a Craft and Bake Sale for the 26th of October (National Make a Difference Day). The event will be held at the Senior Center from 9 to 1, with the profits going to the local fuel bank. If any other organizations would like to join us please contact the Senior Center at 860-873-5034 or call Joanne Roczniak at 860-873-1747. Any local crafters or bakers who would like to contribute are welcome. The

warm hearts in East Haddam will warm houses next winter.

New Senior Services Director

With the start of a new fiscal year we are welcoming in a new director. Brad Parker has accepted the position of Senior Services



New Senior Services Director - Brad Parker

Director and Municipal Agent for the Elderly. Brad is a long time East Haddam resident and has been active in many community activities. He lives on Town Street with his wife Dot. He was a strong supporter of building the Senior Center and looks forward to working there and supporting the needs of our senior community. He invites everyone to visit the center and enjoy the friendly atmosphere.

Thank You.

A special thank you to all the organizations, Boards of Selectmen and people who have made

my tenure at the center such a pleasure. Everything that came into being was because of all the support I had over the years. THANK YOU!

Joanne Roczniak, Senior Services Director

Moodus Reservoir Preservation Group

Providing education, volunteerism and oversight to protect and improve Moodus Reservoir for the enjoyment of its property owners, town citizens and visitors. With the town beach and two state boat launches located here, the lake provides swimming, fishing, skating, water skiing and tubing.

The Connecticut Agricultural Experiment

Station (CAES) has completed a study of invasive and nuisance plants in the lake; it was presented to the public on June 20. From the results of the study and assistance from CAES, the Group will develop a program of various treatment methods to limit the intrusion of plant growth that would harm the health and benefits of the lake.

The Study indicated the coverage of the lake bottom by aquatic plants has increased, though not yet having a dramatic impact on



use of the lake. However, the chemistry of the lake is such that any significant change can accelerate the reduction of usable water area.

All interested people are invited to a meeting of the Preservation Group in July or August to discuss our plans to stop the encroaching strangulation of our lake.

We are continuing provision of public information to help property owners, the Town and visitors prevent pollution and plant growth encroachment which would threaten enjoyment of the lake. The ongoing challenge will be to raise matching funds for use with Town budgeted funds.

Information inquires may be sent to MRPG, 86 Falls Bashan Rd, Moodus, CT 06469. To get on our info distribution list e-mail sam.guy@snet.net

Nathan Hale-Ray Middle School Show Choir

In only its second year, the NHRMS Show Choir has truly become a force to be reckoned with. For 2012-2013, the 18 member group performed two complete SRO concerts, went "on the road" to the East Haddam Senior Center & Chesthelm, performed a benefit concert for the East Haddam Lions Club and did a performance at Gillette Castle for the holidays.



Middle School Show Choir

Show Choir members are consummate performers. They are happiest in front of an audience and welcome the chance to do what they do best - show off their remarkable talent and team work.

"Preparing a song with our Show Choir is an incredible process. Instead of just rehearsing something that has been created by someone else, the members create a unique piece of choreography that syncs with each song.

As a team, they try-out, discuss, adapt and research dance steps. They take into consideration the mood, style, words and message of the song, the abilities of each Show Choir member and the overall look of the piece. And then ... they learn to coordinate their movements while singing individual vocal parts. No mean feat for an after

school middle school choir!" exclaims their director, Marisa Alfano.

Auditions for new members from the 6th-8th grades will be held in September. In addition, former members and members of the community are welcome to help mentor an exciting new team for 2013-2014. For concert dates, special performances or other questions, please contact Ms. Alfano at the Middle School.

Nathan Hale-Ray Recorder Ensemble

New this year to the Middle School music scene was a distinctive group of musicians known as the "Recorder Ensemble". Initially formed as a "club" that met voluntarily on Fridays during the last period of the day, the ensemble grew from 3 to 12 members in just a few weeks. "We own several "consorts" of recorders - from the smallest sopranino to the enormous bass recorder," Marisa Alfano, the group's founder, explains. "Students choose which instrument they would like to play, though we strive to keep the group as balanced as possible. We read through music that is over 400 years old - when these instruments were at their most popular. I was curious to see if some of the students at Hale-Ray were up to the fun and challenge of playing this complex and beautiful music." Low and behold, they were! After the very

first session, reading through a piece by Henry VIII, the Recorder ensemble was born.

The ensemble - essentially made up of students who joined for the sheer enjoyment of playing music together - made its debut performance this spring at the Vocal Concert and at the Medieval Festival. There are plans to expand their performances next year, especially around the holidays. The Recorder Ensemble will begin meeting again in September. All students, grades 6-8 with moderate to good recorder skills are welcome to join. Members of the East Haddam community are also welcome! For further information please contact Ms. Alfano at the Middle School.

From the Desk of Representative Ziobron

With my first legislative session in the books I can honestly say that it was a challenging, yet rewarding, learning experience. There are many things that the legislature passed this year that I don't agree with; however, there are some things that I worked on with members of both parties that I think are positive.

On the positive side we passed some pro-business bills such as the expansion of the small business express program and tax incentives for renewable

energy programs. We also improved public safety by fixing the controversial early release program to ensure violent offenders serve at least 85% of their sentence, making tougher penalties for illegal gun trafficking and passed legislation to clamp down on sex trafficking here in Connecticut.

Unfortunately, there was some bad as well. The "gun bill" that was passed in April curtails the constitutional rights of



legal gun owners while falling short of addressing the need to prevent future gun violence. We also passed legislation that will allow undocumented immigrants the privilege of obtaining Connecticut drivers' licenses without going through a national background check.

Finally, an irresponsible budget passed that is balanced with borrowing and fiscal gimmickry. Spending is increased by 10% and our state's future is put on a credit card. The tough choices

were avoided as government continues to grow.

For more information on acts passed this session visit my blog or the General Assembly's Office of Legislative Research at www.cga.ct.gov/olr

Melissa Ziobron, State Representative, 34th District www.melissaziobron.blogspot.com

East Haddam Elementary School

The East Haddam Elementary School staff is dedicated to fostering partnerships in support of our students' academic success and active citizenship. There are many opportunities for students to learn through community involvement with our year round school events, PTO-sponsored cultural arts experiences, classroom projects, concerts, incoming kindergarten transition meetings, games, art displays and field day. Additionally, our Family Resource Center in our early childhood wing is an educationally engaging free resource for younger children from the community.



Our school offers many new resources to students including interactive electronic SMARTBoards in every kindergarten through

third grade classroom and large instructional spaces, an updated technology/learning lab, and a beautifully refinished gymnasium.

We received CMT results in July 2012, showing that our students demonstrated significant progress on the "At or Above Goal" measure as follows: Mathematics $\sim 89.9\%$ Reading $\sim 85.9\%$ Writing $\sim 87.1\%$

In November 2010, we were recognized as a **top ten most improved school in Connecticut** and have sustained this record of improvement over each school year. Moreover, we recognize the great work of every staff member in helping our students achieve so well; this "village" works incredibly well together.

Join us for these upcoming events!
Friday, August 30 - 2:30pm-3:30pm - Meet and Greet
Tuesday, September 3 - FIRST DAY OF SCHOOL
Wednesday, September 11 - Open House for PreK-Grade 1
Wednesday, September 18 - Open House for Grades 2-3



Register your child for Kindergarten before August 1, 2013!

CONTACT:
45 Joe Williams Road, Moodus
860-873-5076
Hours: M-F 7:00am-3:00pm
Joanne Collins, Principal
Kristine Friend, Assistant Principal

Nathan Hale-Ray Middle School

Our CMT results from this year show that our students scored 93% At or Above Proficiency in Math, 93% At or Above Proficiency in Reading and 95% At or Above Proficiency in Writing!

Summer Visits: The middle school is open almost every day during the summer. We love visitors, so feel free to drop in to say, "Hi." If you have any questions or concerns about your child transitioning to the middle school, please feel free to contact us by email or telephone. We look forward to having your family become members of our school.



Library Visits: Our librarian, Ms. Biffer, is in on Wednesdays during the summer for book exchange as well. Coming to our library every week is a great way for your child to get connected to his/her new school and for returning students to keep up on their summer reading. There will also be a movie shown around 10 a.m. on Wednesdays. "Hugo", "Harry Potter & the Sorcerer's Stone" are among some of the exciting movies planned.

1st Day of School ~ September 3, 2013 4th Grade Meet & Greet and Scavenger Hunt ~ August 30, 2013, 2:00-3:00pm

NHRMS Extra Curricular Activity Offerings:

Performing Arts Activities:

Treble Choir (Grades 4&5) - Select Chorus (Grades 6-8) Hand Chime Choir (Grades 4-8) - Jazz Band (Grades 6-8) Chorus & Band Concerts (Winter & Spring) Wind Ensemble Eastern Regional Music Festival for Band & Chorus

One Variety show per year (Fall)
One or Two Drama Productions per year.

Miscellaneous Activities:

Homecoming Flag Football Game (Fall)
Student/Staff Basketball Bash (Winter)
Ski Trips (Winter)
Book Club
Student Run American Red Cross Blood Drive
Grade 8 Washington, DC Trip (Spring)
Student/Staff Wiffle Ball Tournament (Spring)



Interscholastic Sports for Grades 6-8:

Fall Sports – Girls' Soccer & Boys, Cross Country Winter Sports – Girls' & Boys Basketball, Cheerleading Spring Sports – Girls' Softball & Volleyball, Boys' Baseball, Cross Country

Clubs/Activities:

Student Council - Teens In Action - Youth Helping Youth
Future Problem Solvers - First Lego League
Mock Trial Team - Math Team - Debate Team
Connecticut Invention Convention
School Dances and Social Events
MPAC sponsored activities: Dances, Socials, Running Club,
Volleyball etc.
East Haddam Youth & Family sponsored activities

East Haddam Youth & Family sponsored activities
East Haddam Parks & Recreation sponsored activities.

CONTACT:
73 Clark Gates Road, Moodus
860-873-5081
Hours: M-F 7:30am-3:00pm
Jason Peacock Principal
Roy Parker, Assistant Principal

Nathan Hale-Ray High School



Hale-Ray's Trillium recently competed in the "Music in the Parks Festival" at Lake Compounce, with adjudications taking place at Bristol Eastern High School. The choral group took first place in their division and won overall the top scoring choir out of all high schools competing. Congratulations to the Hale-Ray Trillium and Music teacher, Mrs. Rose-Marie Evans.

Featured left to right beginning in the front row: Joelle Bartucca, Simone Liberty, Lauren Turner, Carrie Mott, Emily Barbi, Alyssa Koval, Caitlyn Havican, Austin Donner, Gretchen Lemke, Crandall Hemphill, Riley Bradway, Heather Johnson, Spencer Shatto, Dan Burke, and Jordyn Dickey.

Nathan Hale-Ray High School offers a wide variety of Advanced Placement courses as well as opportunities of juniors and seniors to take classes at Middlesex Community College and participate in community serivce and work study activities. NHRHS also belongs to the Virtual High School Consortium that enables students to access online courses in all core subject areas. Advanced Placement Offerings for 2013-2014 include Art History, Biology, Calculus, English Literature and Composition, Spanish, French and more!

Join us for our Open House on Thursday, September 12, 2013!

Major Accomplishments/Recognitions:

- Engineering Technology: Electrathon victories every year since 2001
- Yearly Merit Scholars and Commendable Scholars
- · SHED Writing Award recipient
- Regular Eastern Regional and All-State finalists in Music
- Cutting Edge Vex Robotics program
- Award winning FFA Program. The national FFA organization is dedicated to making a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education. The FFA is one of the largest student organizations in the world.
- 2011 Presidents Challenge Physical Education State Champions
- 2011-2012 school year 100% graduation rate





2013 Valedictorians Kristen Wicander and Courtney Fiala at the Graduation Ceremony.

CONTACT: 15 School Street, Moodus 860-873-5065 Hours: M-F 7:30am-2:00pm Eric Spencer, Principal Steven Strand, Assistant Principal

East Haddam School District

Best of Luck to the Class of 2013! We are so proud of you.

David Alford Kevin Arabas Hillary Ballek Samuel Ballek

Joelle Bartucca Dylan Bartunek Theresa Beauregard Chandler Benoit Kyle Boos Riley Bradway

Daniel Burke Alexander Cady Melissa Cappitella Darian Carter Alyssa Champlin

Thalia Colon Ryan Cooley Kieran Crozier **Brendan Curley**

Drew Daniels Sara-Lynn Dickinson Alexandra DiNeno Cameron Dominy **Nathaniel Dominy**

Andre' Fecteau Courtney Fiala Megan Fitzmaurice Matthew Garofola Joycelyn Gates Meghan Gionta

Ashley Havican Kady Hennessy Codi Hirsch Tara Houle Hunter Humble Claire Iannelli

Heather Johnson Joshua Keel Douglas Lacombe Alexandra LaFemina Alexandra Larrick Thomas Leclerc Zachary LeDuc

Gretchen Lemke **Brian Linares** Alexander Lorentson Daniel Manstan Melissa Martin Daniel Mather Kyle McCall

Kylie Melluzzo Liana Michaud **Joseph Morace** Middlesex Community-Technical College

University of Connecticut University of Connecticut -Ratcliffe Hicks School of Agriculture University of St. Joseph Central Connecticut State University

New England Institute of Technology Musicians Institute Manchester Community College Salve Regina University Central Connecticut State University

Hofstra University

Middlesex Community-Technical College Norwich University United States Coast Guard Academy Quinnipiac University University of South Florida, St. Pete Charleston Southern University Liberty University Kutztown University of Pennsylvania Rensselaer Polytechnic Institute Roger Williams University Wentworth Institute of Technology

Pace University, New York City **Bucknell University University of Connecticut**

Eastern Connecticut State University University of Minnesota, Crookston Loyola Marymount University

Middlesex Community-Technical College Western Connecticut State University

Three Rivers Community College Three Rivers Community College Eastern Connecticut State University Gordon College Three Rivers Community College Central Connecticut State University Manchester Community College

Middlesex Community-Technical College Central Connecticut State University University of Connecticut

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Barbara Paquin Rebecca Pease Jacob Pechout

Ashley Pelletti Joshua Phillips Abigail Polivka Ryan Priest

Allison Purdue Matthew Putnam James Quinn Joshua Rivera

James Royer Kaitlyn Sanders Lauren Schmittberger Alexandra Schwenzfeier

Michaela Seidl Carly Shatto Spencer Shatto Derek Skinner

Krysta Smith Vanessa Smith Sara Stelzer **Iames Stewart**

Melanie Sweet Kylie Toolan Erick Tung Dakota Urban Nicholas Valentin

Karlie Van Kruiningen **Bethany Varrone** Gabrielle Vigue William Ventres Kevin Vidou Kristen Wicander Michael Wilcox Cheryl Winakor

Emily Wordell Kelle Zachariewicz

Michael Zibbideo **Brittany Ziobron**

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Quinnipiac University

Eastern Connecticut State University Salve Regina University

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Eastern Connecticut State University

Salem State University

Connecticut School of Broadcasting

Manchester Community College

Radford University Arizona State University -Phoenix

Merrimack College Paul Smith's College

Arizona State University Paul Mitchell The School - N. Haven Southern Maine Community College

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Southern Connecticut State University

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& International Relations

CONTACT:

26 Plains Road, Moodus 860-873-5090

Hours: M-F 8:00am-4:00pm

Dr. Mary Beth Iacobelli, Superintendent of Schools

Upcoming Board of Education Meetings: (7:00pm NHRHS Cafe) August 13, 2013, September 10, 2013

Board of Education Members: Nancy Haslam, Chair - Bryan Perry, Secretary Laurie Alt - Amy Apostoleris - William Barney Deborah Fiala - Tracey Gionta - Betsey Havican - Brian Pear

Town of East Haddam

7 Main Street ~ P.O. Box K East Haddam, CT 06423

Administrative Office Building

Fax: (1st floor) 860-873-5042, (2nd floor) 860-873-5025 **Hours:** Monday, Wednesday, Thursday 9:00 a.m. to 4:00 p.m., Tuesday 9:00 a.m. to 7:00 p.m., Friday 9:00 a.m. to Noon

860-873-5020

admin@easthaddam.org

admin@easthaddam.org

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Emergency Management Director

Resident State Trooper / EH Police

Jennifer Berkenstock, Judge of Probate

Senior Services - 15 Great Hillwood Road Brad Parker, Municipal Agent

Craig Mansfield, Facilities Director

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Tax Collector's Office Denise Dill, Tax Collector	860-873-5033	taxcollector@easthaddam.org			
Town Clerk's Office Deb Denette, Town Clerk Beverly Christopher, Assistant Town	860-873-5027 Clerk	townclerk@easthaddam.org			
Public Works Department	fax: 860-873-601	14			
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Transfer Station Nichols Road Hours: Monday, Wednesday, Friday 7:00 a.m. to 5:00 p.m. and Saturday 7:00 a.m. to 4:00 p.m.					
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Other Departments					
Don Angersola, Fire Marshal	860-873-5004	admin@easthaddam.org			
Tiffany Quinn, Parks & Recreation D		parkandrec@easthaddam.org			
Michael Olzacki, Animal Control Offi	cer 860-873-5044	animalcontrol@easthaddam.org			
Peter Simmons Economic Development Coordinator	860-262-0347	edevcoordinator@easthaddam.org			
Craig Mansfield,	000 070 5400				

Visit our Website at www.easthaddam.org for more information, including meeting minutes

860-873-5103

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"I look forward to seeing Events Magazines. Covers are vivid with great color and town appropriate - you do a great job!"

by Jerry Pope Sr., Niantic, CT

Attention Middle School Students!

Come to the air-conditioned Middle School Library this summer! We will be open all day Wednesdays for books, movies, and fun! With over 16,000 titles and loads of magazines, we have something for everyone!



Middle School Library

Holiday Closings

The Town Office Building and the Transfer Station will be closed on the following holidays:

Monday, September 2 - Labor Day Monday, October 14 - Columbus Day

Regular hours will resume on the next business day.

East Haddam land records are on-line at: www.uslandrecords.com.

East Haddam Companies Honored at Middlesex United Way Campaign Awards

More than 90 companies, organizations, and individuals were honored May 1 for their contributions to raising \$1.81 million for the 2012-13 Middlesex United Way Campaign.

Receiving awards from East Haddam were:

Town of East Haddam, which was recognized for 10 percent or more increase in employee participation during the Middlesex United Way Campaign; and Liberty Bank, honored with several awards: Top 10 Campaign, Campaign Achievement Award, Honor Roll, 50 percent or more employee participation and Silver Sponsor. The Top 10 Campaign Award recognizes the top ten Middlesex United Way campaigns, based on total dollars. The Honor Roll recognizes companies for 5 or more years of consecutive campaign growth. The Campaign Achievement Award recognizes companies that top \$10,000 in total giving.

The top honor, the Corporate Spirit Award, was presented to Middletown Public Schools. The Corporate Spirit Award is the highest honor a company can receive for running a United Way campaign. Other top honors were awarded to: Chandler Howard, president and CEO of Liberty Bank and William McKenna, chief of the Middletown Police Department, who earned Leadership Awards for exemplifying philanthropic leadership through support of the United Way campaign; Bill Burmeister and Jim Santacroce, of Middlesex Hospital, who

were named Coordinators of the Year; Child & Family Agency of Southeastern Connecticut, named Funding Partner of the Year for achieving noteworthy results in employee giving and special events; and Welles and Lillian Guilmartin, who received the Tocqueville Society Philanthropy Award for their role in inspiring philanthropy.

Special Achievement Awards for outstanding Middlesex United Way campaigns were presented to: ATD - Attention to Detail; CL&P and Yankee Gas, Northeast Utilities Companies; Mahoney Sabol & Company LLP; Pratt & Whitney-Middletown; Seasons Federal Credit Union; and Tower Laboratories.

2012-13 Honorary Campaign Chair Gary Gomola of Mahoney Sabol & Company was honored for his leadership during the campaign, and Vincent G. Capece, Jr., president and CEO of Middlesex Hospital, was announced as the incoming 2013-14 Campaign Chair.

Middlesex United Way is a locally based organization dedicated to strengthening lives, helping people, and improving community conditions in the fifteen towns in Middlesex County. Middlesex United Way serves the towns of Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Middlefield, Middletown, Old Saybrook, Portland and Westbrook.

17th Annual Project Safe Halloween

All children up through grade 8 who are residents of East Haddam/Moodus are invited to attend the Annual Project Safe Halloween Party on Wednesday, October 31, 5 to 8 p.m. in the Elementary School gymnasium. Come take a hayride and trick or treat for lots of goodies. This event, offered as a safe, fun alternative to traditional trick or treating, is sponsored by the East Haddam Police Department.

Civic groups are encouraged to join us by sponsoring a table. Please contact Beth Schondorf at 860-873-9772 to

register. You must register prior to the event even if you have participated in the past.

This event is totally funded by donations from the community. Monetary donations are needed and can be sent to Project Safe Halloween, P.O. Box K, East Haddam, CT 06423. Donations of candy cannot be accepted.

For more information or to help out at this very popular event, call Maryjane Malavasi at 860-759-5716.

Thank you so much for your strong support of the Old Saybrook Chamber of Commerce and the community! Your generosity and quality of publications is unmatched. Events magazines are read cover to cover and are full with interesting community-related articles.

Working with the professionals at Essex Printing is a pleasure and everyone goes above and beyond to produce exceptional products.

We are so grateful to have Essex Printing as part of our business community.

Thanks for everything!

- Judy Sullivan, Executive Director Old Saybrook Chamber of Commerce

Community Lions - Another Year of Service





Award Recipients

Donation Recipients for 2013

As another Lions year comes to a close (July '12 - June '13) we look back with a deep sense of pride at the club's achievements, under the leadership this year of Club President, Lion Arnie Davis and look forward to much more. As Helen Keller said "I would rather walk in darkness with a friend, than in the light alone" and the Community Lions certainly have friends ... in each other and out in this community.

Thanks to the support and generosity of the town's businesses and residents, the East Haddam Community Lions (EHCL) raised \$25k+ this year through our annual fundraisers... Military Whist, Ladies Night Out, Light up the Holidays, April Fools Road Races, Tea Party, Fashion Show, Journey for Sight, to name a few! 100% of the money that we raised went back to our community (Senior Center, Food Bank, Fuel

Bank, Youth and Family Services, Music on the River, Rathbun and East Haddam Libraries, Oak Grove Community, High School scholarships, etc.) and Lion sponsored charities: www. lionclubs.org. At our "Night of Giving" we gave out \$25,000.00 in donations to these and other groups this year.

As well as fundraisers, the EHCL is also involved with a number of projects where our services and support are provided for the benefit of the town and our community. These include annually, an ice cream social; Pediatric eye screening of preschool age children using the latest non-invasive screening technology that digitally records the vision as quickly as taking a photograph. Of the 84 children screened earlier this year, 3 were referred to ophthalmologists for further diagnosis/treatment. We participate in Project Safe Halloween, provided Easter baskets through the Food Bank to over 75 East Haddam residents and we sponsored The International Peace Poster contest at the Middle school. We were pleased to award two \$1500.00 scholarships to graduating seniors at Hale-Ray High School.

Our members are active volunteers within the community,

continued on page 23



Business Directory www.EastHaddam.org



On the Municipal Website
Information on 250+ Town Businesses

WHERE TO EAT (snacks, dining and grocery)
WHERE TO SHOP (retail, gifts and antiques)
WHAT TO DO (entertainment, arts and outdoors)
HOUSEHOLD LIVING (home & garden, pet and auto)
PERSONAL CARE (grooming, health & wellness, care)
FAMILY & CHILD AND OTHER SERVICES...

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Community Lions - Another Year of Service ... continued from page 22

(and beyond) providing thousands of hours of service in support of Food Bank, Meals on Wheels, EH Ambulance, EH Emergency Management, transportation of patients to/from hospitals in the region and Senior service committees to name but a few. Recently 7 members of the club once again assisted with "Opening Eyes Program" at the Special Olympics at SCSU. This program, thanks to a grant from Lions Clubs International Foundation and support of lens manufacturers, allows the athletes to go through an 8 stage eye screening, and if prescribed, leave at the end of the day with a new pair of eye glasses at no cost to these athletes ... a very heartwarming and energizing experience for us yet again.

As the world changes, so too does Lions Clubs International www.lionsclubs.org , the largest humanitarian organization in the world, with over 1.35 million members in 207 countries and geographic areas. "The global leaders in humanitarian service," voted #1 Non Governmental Organization in the world by international businesses in polls by the Financial Times. To meet the ever changing needs, both at home and overseas, the focus of clubs and membership also needs to change to meet new challenges. EHCL is a shining example; unlike other clubs and organizations that are losing members, we continue to grow, and more importantly, retain our members; we encourage and utilize our members' diversity, supporting new ideas while embracing the traditions of Lionism. Each club is autonomous; you need

to find the one that fits your needs. Get involved - you only get out what you put in, and if you're lucky, like us, you'll get much, much more ... friendship, camaraderie, self-worth and a great feeling of achievement, all while serving others.

We wish to welcome our incoming slate of officers for the 2013-14 year: President Arnie Davis; V.P. Marci Masci; 2nd VP Pat Thomas; Reporting Secretary Maryjane Malavasi; Recording Secretary Margy Roberts; Treasurer Barbara Davis; Membership Chair Cynthia Valentino; Tail Twister Donna Swan; Lion Tamer Debra Warden; Directors Helen Adams, Daniel Alexander, Delphy Irvin, Janice Nowik, Linda Bradshaw, Sharon Langan and Past President John Bradshaw. We were honored to have PDG Lion Eric Jacobson as our guest and install our officers.

At our recent Awards Night we were very proud to honor and recognize several members for their continued Humanitarian service. These awards are not given lightly; they are indeed prestigious and highly recognized within our association. PDG Eric and our own PDG Lion Diane Bielski presented the awards:

A Melvin Jones Fellowship was awarded to Lion Maryjane Malavasi.

Ambassador of Sight Awards were presented to Lions Linda Bradshaw and Deborah Ryczek.

Knight of the Blind Awards went to Lions Nancy Veronneau, Marcy Masci and Sharon Langan, with a Progressive Emerald Award going to Lion John Bradshaw. Congratulations!

Ice Cream Social

Please join us for our annual Ice Cream Social at Moodus Sportsman's Club on Thursday, August 22nd 6-8 p.m. Make

your own sundaes, listen to music, face-painting and more. For more about our upcoming events or to learn more about becoming a member: www.ehcl.org



Community Lions at the Memorial Day Parade

Lion Linda Bradshaw

Essex Printing Winner In New England Regional Awards of Excellence Competition



The announcement was made April 4 during PINE'S Industry Awards Gala with hundreds of industry professionals in attendance. PINE'S Awards of Excellence Competition attracts over 200 entries from 41 printing and imaging companies across New England competing in a variety of printing and graphic communications categories.

Essex Printing won Awards of Recognition for the printing of Essex Savings Bank's 2013 calendar. A panel of judges

with extensive experience in printing and print production examined a wide range of work submitted. Each entry was judged anonymously on its own merit in a category with similar printed pieces.

"We are very proud to have won this competition because it confirms our commitment to our clients that we provide an outstanding level of quality printing," said William McMinn, President of Essex Printing and Events Magazines.

For more information please contact Essex Printing at 860-767-9087.

The Largest Organ in Our Body

Do you know what the largest organ in the body is? It's the skin. It protects you from illnesses and infection, helps control your body's temperature and dehydration, protects and helps you feel everything from a hot kettle to a soft breeze.

The most important factors in caring for the skin are those that ensure good general health; proper nutrition and adequate circulation are vital to skin maintenance.

For your skin's health, it is essential to eat organically grown fruits and vegetables rich in antioxidants such as vitamin C (bell pepper, parsley, broccoli, strawberries, cauliflower, papaya, kiwifruit, lemon), vitamin E (sunflower seeds, swiss chard, almonds, spinach, olives), carotenoids (sweet potatoes, spinach, kale, carrots, roman lettuce, cantaloupe, bell pepper) and flavonoids (blueberries, raspberries, strawberries, plums, raisins, cranberries, celery, apples, lemon), as well as foods rich in omega 3-fatty acids including fish such as salmon, tuna, sardines and cod, in addition to flaxseeds and walnuts. Omega 3 inhibits the production of inflammatory compounds involved in the progression of skin conditions. Good hydration with high quality water is necessary for skin health.

To have beautiful, wrinkle free skin on your face avoid sugar and alcohol. Alcohol will lead your body to dehydration and dryness of your skin, eating too much sugar will lead to wrinkles and sagging. Too much sugar in your bloodstream will start to attack your skin. All that sugar attaches to protein molecules,

collagen and elastin, and it turns those beautiful supple skin cells into rigid things causing sagging and wrinkling, everything we don't want on our face.

Regular exercises and massage sessions will help with appropriate blood circulation.

The skin needs protection from continued exposure to sunlight to prevent premature aging and cancerous changes. If you can, do your outdoor activities before 10 am or after 2 pm, when the ultraviolet rays are less intense. In case of sunburn, use natural remedies to help the healing process of the skin. The fat content of milk is soothing, so milk makes a great compress for sunburn pain. To speed the process of healing, eat more foods rich in vitamin C. Keep an aloe vera plant in your house, when you get sunburn, break and open a leaf then apply the clear gel inside directly to your tender skin. Apply as often as needed for relief. Also a baking soda bath is great for soothing sunburn. Appropriate applications of sunscreen before and during time spent in the sun, especially after swimming, can prevent skin damage.

Enjoy your summer and take good care of the largest organ in your body.

Maryla Radziszewski, LMT, CPT Morefit LLC





Future Leaders of our Town

Every year town and school officials welcome the arrival of members of our sixth grade class for Government Day. This year's Government Day program was held on May 1st. Students are selected for their positions on the basis of a letter they prepare explaining which position they would like to hold for the day and their reasons for that choice.

The program encourages student participation in the daily workings of municipal government and education with a first hand experience of what is expected. The students are exposed to



First Selectman for the Day Autumn Garofola, Mark Walter & Julia Patterson

a variety of opportunities to learn about road projects, building, sanitation and fire codes, law enforcement, land use regulations and vernal pools, government finance, tax collection, records maintenance, voter requirements, property values, economic development, animal care and enforcement, senior services, youth and family services, probate court, parks and recreation, library services, and educational administration.

Students and staff both enjoy the experience. The day concludes with lunch for all participants at the middle school.

Two Churches Come Together as ONE!

The First Church of Christ Congregational was losing their interim pastor due to Rev. Robin Blundon accepting another position. The search committee will still be actively looking for a settled pastor for First Church. In the meantime, they needed a pastor and heard that Moodus United Methodist Church was selling their Church and they had a possible buyer. After several meetings, it was decided it would be beneficial to both Churches if First Church provided a Church and Moodus United Methodist provided a Pastor for the summer months. It

is a joyous combination!

If anyone is interested in joining these Churches in worship we have Sunday worship with UMC Pastor Jim Mercurio on Sunday mornings at 10:00 a.m. We are also offering a Bible study on Sunday at 9:00 a.m. Both services will be at First Church located at 499 Town Street in East Haddam. All are Welcome! For more information contact Beth or Russ Schondorf at (860) 873-9772 or First Church at (860) 873-9084.

From the Assessor

The Assessor's office began accepting applications for the Elderly and Totally Disabled Renters Rebate Program on April 1, 2013. Applicant's total income must not exceed \$33,500 for a single person, \$40,900 for a couple (joint income), including Social Security and Medicare. Applicants must be 65 or older or totally disabled and bring all income, rent, and utility information from 2012. The deadline for filing is October 1, 2013. Due to legislation passed in June, no new renters' applications will be accepted and no one who did not receive a Renter's rebate for calendar year 2011 will be eligible.

Residents whose motor vehicles have been sold, stolen, totaled, or who have moved out-of-state may be eligible for a pro-ration of their car taxes.

Two forms of proof are necessary to pro-rate or remove a vehicle from the grand list. Residents must bring a copy of the plate receipt issued by the Department of Motor Vehicles at the time of cancellation of registration, and a copy of one of the following; bill of sale, transfer of title, receipt from junkyard, notification of total loss, trade-in papers, or some other document showing the date on which the vehicle was disposed.

The Assessor's office has its own web page on the town website. Included is information on real estate, personal property, and motor vehicle assessments; property tax relief for seniors, veterans, and the disabled; renters' rebate; information on revaluation; access to applications and forms pertaining to the Assessor's office.

Personal vs Commercial Automobile Insurance

What is the correct decision for you?

You know when you need Personal Automobile Insurance; you use your car to drive to and from work, drive around town to do errands. What happens when you use your vehicle for your business? Are you sure you are covered? Unfortunately, there are some types of vehicle usage which may not be covered under your Personal Automobile Policy. Please see below:

If your vehicle is registered under your Business Name, you may need Commercial Automobile Insurance.

Vehicles may be registered under the Personal Name, but if you travel to visit clients or chauffeur customers around, you may need commercial insurance

Other types of business use would be carrying equipment, towing or making deliveries.

Understand the difference: Not all businesses require a commercial insurance policy. Some may be covered by a Personal Automobile Insurance Policy with a business use. To ensure that you are properly covered, and that all variables are considered, it is important to consult with an insurance professional. For a free, no obligation review of your personal or commercial automobile insurance coverage please contact Gretchen Makowicki, Senior Account Specialist, Bouvier Insurance; 860-767-8219.

Lions Club

The East Haddam Lions would like to thank everyone who helped make this year's annual Lions Club Auction a success. Thanks to your kindness, generosity and support. 100% of the money from the auction will be used in the community to help various town organizations, charities and efforts such as the Food Bank, Fuel Bank, and Nathan Hale-Ray Senior Scholarships. A special thanks to all the Lions for their hundreds of volunteer hours and especially to Lion Joe Busher for his outstanding efforts in organizing this epic event!

The Lions would also like to thank all the participants in the first ever East Haddam Lions Sprint Triathlon. Racers swam ¼ mile in the Moodus Reservoir, ran through five kilometers of East Haddam's scenic back roads, and biked twelve kilometers up and down rolling hills before reaching the finish line. This event attracted folks from Moodus to Australia and would not

have been possible without the support of local businesses and event organizer Zac Jezek.

The Lions would also like to thank all the businesses, sponsors, and participants who helped make the annual East Haddam Golf Tournament and East Haddam Phonebook successful. Special thanks to Lions Jon Bennett & Frank Kehoe for organizing the tournament and thanks to Tim Curtis for his hard work putting the phonebook together. These fundraisers help make events like the Senior Chicken BBQ and Relay for Life Breakfast possible (thanks to Lion Don Goss and Zac Jezek for putting those together).

If you would like to donate to the club and help serve the East Haddam Community, please contact Lion Michael Gilroy at GilroyM@gmail.com or (860) 873-8248. To get the latest news on the Lions, be sure to "Like" their page on Facebook.

Missing Your Phone Number?

Your phone number may not be in the East Haddam Lions phone book because you have switched to another carrier or you are a cell phone only household. If you would like to be listed in the book, please email the pertinent data to The East Haddam Lions web site at e-clubhouse.org/sites/easthaddam.

We were told that these carriers are supposed to share your data with AT&T when you make the switch, but apparently they do not. We are sorry for the confusion.

East Haddam Lions





Teacher of the Year



Tina Bernard

The Teacher of the Year Program provides a positive impact on the entire community. Recognizing outstanding teachers: a) establishes a culture that rewards excellence in teaching; b) validates the work of teachers; c) provides teachers with a platform to speak about educational issues; d) gives students a sense of pride in their teachers; e) showcases teachers as positive role models; f)

encourages students to think about teaching as a career; g) gives the community a sense of pride in its teachers; and h) helps to get the public involved and invested in the schools.

Each Building selected a teacher based on:

1. Nominees must be a certified staff member.

- 2. Nominees should possess a superior ability to inspire learning.
- 3. Nominees should be exceptionally dedicated and knowledgeable.
- 4. Nominees should have the respect and admiration of students, parents, colleagues, and administration.
- 5. Nominees have assumed a teacher leadership role at the building level.

The district candidate was chosen from the building finalist: Barbara Colvin: Pre-School Teacher: East Haddam Elementary School

Tina Bernard: Gifted and Talented Teacher: Nathan Hale-Ray Middle School

Paula Stevens: English Teacher: Nathan Hale Ray High School We are excited to announce that Tina Bernard will represent the district as the 2013/1014 Teacher of the Year at the State Teacher of the Year Program Fall 2013.

Successful Year For the Early Childhood Council!

Super kids fought boredom and learned new skills through the East Haddam Early Childhood Council's Family Resource Center. The Center provided 135 opportunities to participate and learn through playgroups, parent workshops, provider professional development, and home connections visits. Our total attendance for the year was over 1,300! We served 308 individuals including little ones, moms, dads, grandparents, and early care providers. Additionally, five children attended preschool through our pilot Preschool Assistance Funds program. We are proud that 100% of our families are satisfied with the service we provide. Positive comments included "We really enjoy attending everything we can", "It was a good experience every time we went", "My son learned an important skill of structure during circle time ... and how to share and

learn with other children. This program is wonderful", "The playgroup helped my child to transition easier to preschool. I have learned a lot from the parent series" and many more. We thank everyone for their feedback and for the continuing support of the East Haddam Public Schools, the Board of Education, and Board of Selectmen who help to make these programs possible. As one parent said "This program did not exist with my 2 older children, and I am so thankful we now have the resources available for my third." The East Haddam Early Childhood Council is funded by the Board of Education, Board of Selectmen, and a \$12,500 grant from the United Way of Middlesex County. Our total budget for 2012-2013 was \$22,500.

Top Dog is Shadow

Shadow is a nine-year old Alaskan Malamute owned by Michael and Karen Poplawski. Shadow was a great sport and was "shown off" as leader of the second division in this year's Memorial Day Parade.

Dawson will sport the #2 tag.

Dawson is a 6 month old Puggle owned by Jerry Bevan.

Congratulations to both dogs, and thank you to Maxie, Harper, Oliver, Spirit, Penny, Bruschi Leo, Dickens, Asia, Zack, Barney, Grace,



Shadow

Jesse, Izzy, Mango, Pandi, Jack, Sophie, Miss Ollie, Indie, Bailey, Boomer and AJ for being on the ballot.

243 votes were cast by the students of the Nathan Hale-Ray Middle school during the lunch period. 241 votes were counted and two votes were rejected as "overvotes".

Thank you to the Nathan Hale Ray Middle School staff and students for their cooperation and participation. The Town Clerk's Office looks forward to seeing your dog's entry next year.

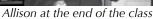
Volunteer of the Month

Please join us in congratulating our most recent volunteers of the month: Kristen Wicander. Ashley Havican and Michael Parker. If you would like to nominate someone, please do so in a letter to the First Selectman.

Community Outreach

The Board has had the good fortune to be able to help a Nathan Hale-Ray high school student and at the same time offer an important community service. Allison Purdue, a member of the East Haddam Ambulance Association, designed, organized, and supervised CPR training sessions for interested East Haddam residents as her high school senior project. Dean Anderson, the chief of ambulance operations, provided the instruction, while the Board covered the cost of books and supplies. The first session







Photos taken at the April session show the training in progress

last January proved to be so popular that Allison offered a second training session in April. Stimulated by Allison's success, the Board will continue to offer these classes to the public on a regular basis.

As Allison pointed out, 84% of all cases of cardiac arrest occur in the home community. Without prompt action, the patient is unlikely to survive. The more local town members who know how to administer CPR, the more likely someone may be immediately available to help in the case of an emergency. The training itself takes only a few hours, and participants earn, not only a certificate, but an opportunity to give back to their community by making it safer.

Should anyone be interested in the possibility of receiving CPR certification, write to Allison at apurdue@certifiednetwork. com for information about future classes. All are welcome from Middle School students to Senior Citizens.

Report from the East Haddam Ambulance Board

Thank You

To the Residents of East Haddam, the kindness and generosity that you have shown to my family since the fire has been unbelievable. Without your support both financially and moral, I am not sure what we would have done. We have found a temporary residence in town, and continue to move forward. I'm hoping the New Year will find us in a new home on a familiar street. East Haddam is truly a special place to live. I wish I could thank all of you personally.

We are forever grateful,

Stan, Karan, Erica and Kenny Conover

Live Theater at Gillette Castle



The Friends of Gillette Castle State Park are pleased to be supporting the summer season of live theater at Gillette Castle State Park. Along with local businesses and the East Haddam Economic Development Commission, we join CT Humanities in sponsoring a recreation of William Gillette's 1930 radio drama Sherlock Holmes and the Adventure of the Speckled Band, produced by the East Haddam Stage Company. The free shows run July 6th through August 11th, Saturdays and Sundays only. The 30-minute shows are at 1:00 p.m. and again at 3:00 p.m., on the stage near the Castle. The Friends are also pleased that the Castle will again be visited by Teddie and Tyke Niver as William and Helen Gillette. So be on the lookout for the stylish pair, on site Sunday afternoons this summer through Columbus Day.

Leo Club

Join the fun at the Annual East Haddam Leo Club Apple Festival on Saturday, October 26, 10:00 - 3:00, at the East Haddam Grange Hall (488 Town St, East Haddam). There will be games, live music, face painting and the best homemade apple treats around. There will be apple pie, apple cider, apple fritters, caramel apples, and well ... you get the idea. Bring the entire family, this event is for everyone!

The East Haddam Leos are a group of 12-18 year olds from the East Haddam Community who host fundraisers and community service projects. Any East Haddam Teen (Ages 12-18 / Grades 7-12), is welcome to join the Leos. The Leos meet the First Thursday of the Month and the Third Tuesday of the Month from 7:00 - 8:00 p.m. at the East Haddam Free Public Library (18 Plains Rd, Moodus). Potential members are invited to stop by and see what the club is all about. For more details please contact Leo Adviser Michael Gilroy at GilroyM@gmail.com.

Congratulations to the Class of 2013!



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East Haddam Library System

For many years, East Haddam's libraries have worked independently to serve the needs of their patrons. On June 20th, an ordinance was proposed at the Town Meeting to create an East Haddam Library System. The ordinance passed with a unanimous vote, permitting the libraries to work together to serve the needs of the community.

If you're a library user, this means that the libraries now have more resources with no additional cost. As we move along, you will notice that the libraries will be able to offer more of the things you love including programs, books, movies, technology, and even operating hours. By sharing resources and working together, the libraries you love will only get better.

If you're not a library user, this means that now is the perfect time for you to become a library user. The libraries offer not only the latest books but also new films and TV shows. They're the perfect place to meet with friends & neighbors. You can attend fun & engaging programs for all ages including



Portion of the East Haddam Library System Staff First Row Left to Right: Karen VanZetten, Michael Gilroy, Director, Pat Griswold Second Row Left to Right: Peg Carlson, Maureen Heidtmann, Laurie Prichard, Nancy Price, Janet Witty

storytimes, video games, teen write club, guest author visits, and much more. In addition to programs, the libraries offer free 1-on-1 help with computers, e-readers, homework, job hunting, and more. There are also photocopiers, printers, computers, faxes, and Wi-Fi. Best of all, most resources are available for free (only certain programs and services cost money, but even those are very cheap). Visit one of your local libraries and check out all the wonderful things they have to offer.

The libraries would like to thank the Town of East Haddam, the EH Library Board, the Rathbun Library Council, the Friends of Rathbun, the Friends of EHFPL, and the rest

for their ongoing support in this decades-long process. Most importantly, the libraries would like to thank the citizens of East Haddam for being the most amazing patrons in the world. We promise to reward you with the best services and materials we can offer. It's an exciting time to have a library card in East Haddam.



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East Haddam Free Public Library

Your Friendly Neighborhood library is the place to be for programs, books, DVDs, computers, and more. The library is open Monday & Wednesday 10:00 - 8:00; Tuesday, Thursday, Friday 10:00 - 5:00 and Saturday 9:00 - 1:00. Free Wi-Fi, the latest Microsoft Office software (including PowerPoint & excel), computer terminals for all ages, and more await you at the library. The library also has an extensive collection of TV and movies. Save some money and rent the latest DVD releases for free! If we don't have the book or DVD you're looking for, we'll get it for you. There's also programs for all ages, check out some of our offerings below:

Adults (Ages 18+)

Quilting: Every Tuesday at 6:30 - 7:30

East Haddam Book Club: 2nd Wednesday of Every Month at 7:00-8:00

Teens (Ages 12+)

Teen Writing Club: 1st Friday of Every Month at 6:00 - 7:30 Anime Club: 3rd Thursday of Every Month at 6:00 - 7:30 Teen Night (90 Minutes of Fun, Food, & Your Favorite YouTube Clips): 4th Friday of Every Month at 6:00 - 7:30 Teen Library Lock-In: Friday, October 18th at 8:00 p.m. - Saturday, October 18th at 8:00 a.m. (Registration limited to 20, permission slips available in September.)

Kids (Ages 6+)

Video Games for Kids: 4th Wednesday of Every Month at 4:30 - 5:30

Art Club: TBA (see blog for details)

Tots (Ages 2+)

Picnic Pals: Bring your own lunch and enjoy storytime! Every Wednesday

Every Wednesday: Story & Craft Hour at 10:30 - 11:30 (Starting in September)

All Ages (All Ages)

Terrible Thursday (Bad Movie Night): 4th Thursday of the Month at 6:30 (Ages 10+)

Fall Double Auction: All October Long - Buy Tickets for our chance drawings or place a bid in the silent auction!

But wait, there's more! Stop by http://ehfpl.blogspot.com and find out what else is going on or call EHFPL at (860) 873-8248 or better yet, stop in and visit us at 18 Plains Rd, Moodus.

Looking for Summer Reading Programs and Info? Check out the Summer Events Calendar brought to you by (both) the East Haddam Library System and Youth & Family Services.

Books, DVDs, Internet, and Amazing Events - all for free at Your Friendly Neighborhood Library.

Historical Society

Educational Events:

Wednesday, August 14. Steve Thomas will present "Buried Treasures." Steve is the Museum's metal-detecting expert and will explain the equipment and its capabilities. Hands-on demonstration. Be amazed by what he's found at Rose Farm.

Wednesday, September 11. Bob Cumming, Shea Jezek, and Walt Golec will explore twin themes - the work of Gilbert & Sullivan and East Haddam ghost stories.

Wednesday, October 9. Nick McDonald will discuss "Fossils of Connecticut." Nick is an expert on the Age of Dinosaurs and will sign his book. Preview copy available at the Rathbun Library.

All events start at 7:30 p.m. in the Museum's front room, 264 Town St. They are suitable for all



Barbara Alex, a member of the East Haddam Art League, is displaying this oil painting in the Historical Society's "Swing Bridge Centennial Art Show." The Museum receives a portion of every sale. Barbara is just one of more than two dozen local artists in the show.

ages, and a donation is appreciated from non-members. Refreshments and socializing after.

The Museum is available for reasonable rent and cooperates with everyone looking to volunteer, satisfy community service, or provide home-schooling opportunities. For the rest of the season, visitors can enjoy Josh Hughes' Eagle Scout project, an art show depicting modern views of the Swing Bridge, a memorable model train display, and many old favorites. Donations are always welcome, whether for the Museum or the store.

Hours are Friday through Sunday, 10 a.m. - 4 p.m., through Columbus Day, other times year-round by appointment. 860-873-3944. Facebook - East Haddam Historical Society Museum. Email-museum@easthaddamhistory.org. Website - easthaddamhistory.org.

Help Wanted

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Explore and Learn with East Haddam Land Trust

To encourage exploration and appreciation of the beautiful landscapes in and around East Haddam, East Haddam Land Trust (EHLT) schedules outdoor events every month of the year.

Last Sunday hikes, held every month but July and August, explore the preserves and State Parks in and around East Haddam. Hikers are treated to historical and

Paddle on Lieutenant River, Photo by Roy Parker

geological information regarding each location while getting some light to moderate exercise and fresh air.

In July and August EHLT is sponsoring two Sunday Paddles. On July 21 and August 25 canoes and kayaks, and their personalfloatation-device-wearing operators, will explore scenery and wildlife on the special waterways in and around East Haddam.

Members and non-members are welcome to each event, but members receive email updates on all EHLT events as well as news and information on stewardship and preservation of lands and waterways. To become a member visit http://www.ehlt.org or complete the membership form in the EHLT Nature Calendar.

The 2014 calendar, mailed to members and available at local businesses, is full of nature notes, drawings from local school-age and adult artists, Preserve locations, and local happenings. You can also learn of EHLT events on our website, http://www.ehlt.org, and stay in touch with your local, non-profit land preservation organization on Facebook - just 'Like' East Haddam Land Trust.

Parks and Recreation

The spring has been a very busy time for us!

We have implemented a new online registration system. You can access this option by going to www.easthaddamrec.com, and following the "Register Online" option on the right side of the home page. This will allow you to create an account (for one person or a whole family) and complete the registration process. Once your account is set up you can sign in to make payments, see your balance or register for new programs. This website will also offer up to date program information. We will be able to notify you if a program is cancelled, send you a text or an email if the weather is bad and practice is cancelled, or a schedule change occurs.

We are excited to announce the band schedule for 2013 Music on the River! Our concerts are held at the green at

the Goodspeed Opera House from 6:30 - 8:30 p.m. You are encouraged to bring a chair or blanket to sit on, and a dinner. Food and beverages are available on site for purchase from the Gelston House. Please leave the dogs at home. In the event of rain, the concerts will be held at the Hale-Ray High School auditorium. If you have any questions, please call Tiffany at the Recreation Office at (860) 873-5058.

July 8- Roomful of Blues July 15-Chris Mackay and the Sonic Toneshifters July 22- Bob Button's Big Band July 29-Hot Club of Cowtown August 5-Tom Sanders August 12-Quimbombo

18th Annual Quilt Show

The First Church of Christ Congregational, East Haddam will host its 18th Annual Quilt Show during Columbus Day weekend on October 12 and 13. More than one hundred exhibitors will feature quilts, quilted items or needle art items. Some of the items will be available for purchase.

This year the raffle quilt is machine pieced and hand guilted by Betty Haines, a member of First Church. The quilt is called "Starlight Compass".

The quilt will fit a queen/king size bed. Quilt raffle tickets remain at \$1.00 and the raffle will be on Sunday afternoon. The winner need not be present.

The show which is open from 10:00 a.m. to 5:00 p.m. on Saturday and 1:00 p.m. to 5:00 p.m. on Sunday at the church which is located at 499 Town Street in East Haddam. In addition to the show, there will be a craft and quilt supply boutique



with many vendors displaying their items and sharing information with all. Homemade soups, selection of desserts, hot and cold beverages will be available for purchase during the show. All proceeds from the quilt show will benefit First Church.

The show draws hundreds of visitors to First Church and its 1794 meeting house designed by famed architect Lavius Filmore. The light-filled

sanctuary, with its flying pulpit, blown-glass window panes and star-spangled, domed ceiling show off the colorful quilts to stunning advantage.

There is a lot of talent on display and every year the show is different. Many people across New England look forward to our show and return year after year.

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Local Prevention Council

The East Haddam Local Prevention Council is a community coalition including representatives from community sectors that work together to ensure strong, safe and substance free youth. The coalition works in partnership with East Haddam Youth & Family Services and is funded through The Drug Free Communities Grant.

Since the EHLPC was first established in 1992, the world of prevention has changed from an individual focus to a community environmental focus. There are local risk factors in our environment which may place our youth at risk for substance use including: Retail Availability, Social Access, Promotion of Substances, Peer & Family Norms, and Low Perception of Harm. We wish to thank all those students and adults who participated in recent surveys. We will be presenting the results in a community report providing a real look into youth substance use in our community.

In the fall, the LPC will be launching educational and social norms campaigns with the goal of decreasing marijuana use.

Since the passing of decriminalization and medical use of marijuana, attitudes and beliefs and the perception of harm regarding marijuana use are changing. We are also focusing on the enforcement of CT underage drinking laws through party patrols, compliance checks and DUI checkpoints, media campaigns targeting parents and other adults to raise awareness and initiatives where peers teach skills to other youth on how to resist pressure to use substances.

We invite you to join us in our efforts to develop healthy and successful youth in East Haddam. New volunteers can become involved either as members of the EHLPC or by joining us for specific projects or activities throughout the year. Anyone interested in learning more about the East Haddam Local Prevention Council can contact East Haddam Youth & Family Services (860) 873-3296.

Christine Steele Prevention Coordinator EHYFS

Save the Date

Connecting to What Matters: A Call to Action Wednesday, October 9, 2013, 6:30 to 8:30 pm - Nathan Hale-Ray Middle School Join the East Haddam Local Prevention Council as we present results from our 2012 survey of our youth and develop community action plans to address youth substance use in our town.





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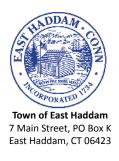


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